

Material and methods: Using our institutional database all patients receiving radiotherapy for a pituitary adenoma between 1974 and 2003 were identified and data on presentation, treatment, local control and toxicity recorded.

Results: 389 patients were identified. 199 (51.2%) were male, median age 54 (range 14–82), median follow-up 8.9 years (range 0.1–30.4). Detailed information on presentation was available on 373 patients. Of these 188 (50.1%) were non-secreting and 101 secreted growth hormone, 53 prolactin, 22 ACTH and 9 other. 260 showed extra-sellar extension. 277 underwent surgery followed by adjuvant radiotherapy, the remainder radiotherapy alone. Before 1988, RT was delivered by lateral opposed fields to a dose of 35–37.5 Gy in 15 fractions (174 patients), after 1988 it was delivered by a 3-field approach to a dose of 45 Gy in 25 fractions (215 patients). Only 12 tumours progressed, giving 10 and 20-year actuarial control rates of 96.2% (2 patients relapsed after > 20 years). 10 of the 12 were macro-adenoma with extra-sellar extension. Hypopituitarism was the most common toxicity seen. 267 (68.6%) of patients had deficiency of one or more pituitary hormone, 126 prior to radiotherapy and 141 after. The actuarial deficiency attributable to RT at 10 years was 18.5% for ACTH, 22.4% TSH and 17.4% testosterone (men only). The actuarial rate of CVA at 10 years was 10.4%. Three patients developed visual deterioration potentially attributable to radiation-induced optic neuropathy. Three intracranial tumours occurred subsequent to irradiation: one < 1 year, second at 6.2 and third at 29.2 years following RT.

Conclusion: Radiotherapy, delivered alone or adjuvant to surgery, achieves a high rate of durable local control. The rate of hypopituitarism is high and attributable to disease, surgery and RT. The risks of radiation-induced visual loss and secondary intra-cranial tumours are low and ought not to dissuade from irradiation when clinically indicated.

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POSTER

Development of fractionated stereotactic radiotherapy for meningioma

B. Millar¹, E. Koh¹, C. Menard¹, G. Pond², H. Michaels³, M. Heydarian³, S. Ladak¹, S. McKinnon¹, N. Laperriere¹. ¹Princess Margaret Hospital, Radiation Oncology, Toronto, Canada; ²Princess Margaret Hospital, Biostatistics, Toronto, Canada; ³Princess Margaret Hospital, Clinical Physics, Toronto, Canada

From the initiation of the stereotactic radiotherapy program at our institution in 1997, radiation planning techniques have evolved. This has allowed for improvement in dose conformity and increased sparing of critical structures in the treatment of frequently complex shaped meningiomas. The stereotactic program utilizes a RadionicsTM treatment system with three planning programs; XKnifeTM, XPlanTM, and S-IMRTTM. The XKnifeTM and S-IMRTTM systems utilize multiple non-coplanar fields with beams shaped by mini-multileaf collimators (MMLC). Since 2001, 50% of cases have been treated with stereotactic intensity modulated radiotherapy (S-IMRT). Patients treated within the fractionated stereotactic program from February 1997 until December 2004 were reviewed. Meningiomas were predominantly benign or diagnosed on imaging alone (74.7%) and were mostly skull based (61%). Median size of primary lesion was 26cc (range 0.4–243.2cc) and median dose prescribed was 50 Gy in 25 fractions over 35 days. In patients with a minimum of 6 months follow up and no prior irradiation (n = 75), median follow up was 22 months. Two-year progression free survival was 91.5% (95%CI: 83.6–100%). Acute toxicity was mild (Grade 1 or 2) and involved nausea, headache, alopecia and fatigue. Late toxicity was seen in less than 5% of cases but longer follow-up is required. Analysis of predictors for progression-free survival using hazard ratios (HR) were; benign/ radiologically diagnosed tumours (HR = 0.31), primary tumour volume >26 cc (HR = 4.88, p = 0.054), number of prior surgical interventions (HR = 2.86 for 2 or more operations) and location of meningioma (HR = 3.22 for parafalcine/convexity meningiomas). However, only primary tumour volume approached statistical significance. Fractionated stereotactic radiotherapy can be delivered with minimal acute and late toxicity and excellent local control. Further long-term evaluation is required

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A clinical study of intensity modulated radiotherapy (IMRT) using the simultaneous integrated boost method for malignant gliomas

K. Nakamatsu¹, Y. Nishimura¹, M. Suzuki¹, K. Okajima², F. Akai³. ¹Kinki University, Radiation Oncology, Osaka-Sayama, Japan; ²Kinki University Nara Hospital, Radiology, Ikoma, Japan; ³Kinki University, Neurosurgery, Osaka-Sayama, Japan

Background: Although many methods have been tried in the treatment for malignant gliomas, the prognosis of malignant gliomas remains dismal.

Median survival times (MST) for patients with malignant glioma after surgery and radiotherapy (RT) are reported between 6 and 9 months. A clinical study of intensity modulated radiotherapy (IMRT) using the simultaneous integrated boost (SIB) method was done for malignant gliomas. The strategy is that hypofractionated radiotherapy with a large fraction size may be effective for malignant gliomas, because the survival curves for malignant glioma cell lines in vitro show a large shoulder indicating a low ratio.

Methods: Between 2001 and 2003, 12 patients with histologically proven malignant gliomas (7 glioblastomas, 4 anaplastic astrocytomas, and 1 anaplastic oligodendroglioma) were enrolled in this study. The gross tumor volume (GTV) was defined as the contrast enhanced lesion on the pre-operative MRI T1 weighted images. IMRT delivered 70 Gy/28 fractions (fr)/daily 2.5 Gy to GTV and 56 Gy/28 fr/daily 2.0 Gy to the surrounding edema defined as the clinical target volume annulus (CTV-a). The time to local recurrence and death was calculated from the first day of IMRT, and the failure patterns were evaluated.

Results: No delay of IMRT due to acute radiation toxicity was observed, and no late neurotoxicity was noted in any patients. Although the MST for the 12 patients was 19 month with the 2-year survival rate of 43%, all patients showed loco-regional recurrence within 27 month. Local recurrences were noted in the center of GTV for eight patients and in the CTV-a for two patients. The remaining two patients showed intracranial recurrences outside of the radiation field.

Conclusions: Modest increase in the fraction size and total RT dose (70 Gy/28 fr/5.6 weeks) to the GTV did not improve the local control of malignant gliomas, although this fractionation was feasible and safe clinically. Marked increase in fraction size (>5 Gy) without increasing the total RT dose is our next strategy.

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Detection of heat shock protein 90 (hsp90) in brain tumors with a new monoclonal antibody, mab 4c5

D. Stellas¹, G. Vilaras², E. Tsiambas², A. Karameris², E. Patsavoudi^{1,3}. ¹Technological Educational Institution of Athens, Medical Instrumentation Technology, Athens, Greece; ²417 Veterans Administration Hospital, Department of Pathology and Molecular Biology, Athens, Greece; ³Hellenic Pasteur Institute, Biochemistry, Athens, Greece

Background: The purpose of this study was to determine the possibility of using a new monoclonal antibody (mAb) against heat shock protein 90 (HSP90), mAb 4C5, previously characterized in our laboratory, as a potential prognostic marker in diagnosed cancer of the central nervous system.

Methods and Materials: A total of 13 high-grade (III and IV according to WHO) cases of brain tumors were selected from the archive of 417 Veterans Administration Hospital, in order to perform a tissue micro array (T.M.A) study. Paraffin blocks of formalin fixed tumor tissues were used to prepare a hematoxylin-eosin stained slide, from which regions without necrosis and inflammation were chosen for further processing. A tissue array was created from the selected regions, using a 0.6 mm diameter punch. Sections of 5 µm from the new multitumor paraffin block were transferred to slides, in order to examine immunohistochemically the prognostic value of mAb 4C5 and its potential correlation with other known markers. For all the markers immunohistochemistry was performed according to specific protocols. Section were stained with 3,3-diaminobenzidine (DAB) and counterstained with Mayer's hematoxylin.

Results: In this T.M.A study immunostaining of mAb 4C5 was performed on highly invasive tumors of the central nervous system and compared to staining obtained with 10 commercially available markers, including HSP90-α, HSP90-β, MMP2, MMP9, TIMP1, TIMP2, NM23, CD44, and S-100. Intense 4C5 immunoreactivity was obtained in 11 out of 13 cases examined. Interestingly immunostaining with the two commercially available anti HSP90 antibodies was always weaker and in some cases negative either for the α or for the β-isoform of HSP90. MAb4C5 gave negative staining in two cases of metastatic adenocarcinomas localized in the brain and in the cerebellum respectively, both of which had origin from a primary tumor in the gastrointestinal system. When mAb4C5 immunoreactivity was compared to that obtained with the other markers tested, a strong correlation in the expression profile between NM23 and mAb4C5 was observed in all 6 cases of high grade glioblastomas examined.

Conclusion: Our current results show that a) mAb 4C5 crossreacts with both the α- and the β-isoform of HSP90 b) there is a potential correlation between expression of mAb4C5 and NM23 in high grade glioblastomas and c) mAb4C5 may be usable as a prognostic marker to identify highly invasive brain tumors.